

HOW TO READ PRODUCT LABELS



ingredients | expiration dates | environmental & animal testing standards

















Depicts the time period once opened. The number inside the iar indicates the specific

than 30 months and will have a "best before" either the PAO or BBE. The US only requires expiration dates on OTC products like sunscreen.

the EU for products produced or sold in Europe. The small "e" packaging is correct.

Informs the consumer that the paper used in the the forest

the USDA to be deemed



Product contains 70% organic ingredients and follows manufacturing and processing guidelines.



recognized léaping



Whole Foods Market identified over 400 ingredients considered unacceptable. The vetting process requires strict standards for quality sourcing, environmental impact, results and safety and



Criteria requires full label disclosure, that the brands follow label requirements and ingredients from all US and



Non-GMO is a non-profit sources of non-GMO (Genetically Modified Organisms) products.



Gluten-Free provides certification services to producers of gluten-free products using quality assessment and control measures throughout